

Lent & Holy Week 2020

ASH WEDNESDAY, February 26, 2020

A day of fasting and abstinence from meat for Catholics. Each Mass will have the blessing of ashes (from last year's burned palm branches) which we'll receive as a mark on our foreheads. This simple sign reminds us of the call to journey with the Lord through these 40 days of prayer, almsgiving and fasting.

All Masses in the Cathedral Basilica

8:00 a.m.

12:00 Noon

7:00 p.m.

PARISH LENTEN RETREAT

Join us for these reflection sessions on Tuesday evenings in McNally Hall 7:00 p.m. until 8:30 p.m.

Tuesday, March 3 "Our Father"

Anne Jamieson & David Dayler

Tuesday, March 10 "The Creed"

Father Joseph DiVivieros, CR

Tuesday, March 17 "Way of the Cross"

Sister Margaret Kane, CSJ

Tuesday, March 24 "Moral Life"

Father Michael King

Tuesday, March 31 "Rites of Holy Week"

Monsignor Murray Kroetsch

STATIONS OF THE CROSS

Fridays in Lent at 7:00 p.m. (except Good Friday).

February 28, March 6, 13, 20, 27, April 3

SACRAMENT OF RECONCILIATION

Saturdays in Lent 3:30 p.m. – 4:30 p.m.

Confessions at the Cathedral

Wednesday, April 8 7:00 p.m.

PALM SUNDAY OF THE LORD'S PASSION

Sunday, April 5, 2020

Blessing of Palm branches at each Mass

(Saturday) 5:00 p.m.

Sunday 9:00 a.m.; 11:00 a.m.; 4:00 p.m.

MASS OF CHRISM

Monday, April 6, 2020 7:00 p.m.

Bishop Crosby gathers with the Priests of the Diocese to bless the Oil of the Sick and the Oil of Catechumens and to consecrate Sacred Chrism. Oils to be used in the Sacraments throughout the Diocese for the coming year.

HOLY THURSDAY, April 9, 2020

7:30 p.m. *Mass of the Lord's Supper*

GOOD FRIDAY, April 10, 2020

A day of fast and abstaining from meat for Catholics.

3:00 p.m. Solemn Celebration of the Lord's Passion & Death

7:30 p.m. Stations of the Cross

HOLY SATURDAY, April 11, 2020

12:00 Noon Blessing of Easter Food (McNally)

8:30 p.m. Solemn Easter Vigil

[NOTE: No 5:00 p.m. Mass]

EASTER SUNDAY, April 12, 2020

Masses: 9:00 a.m.; 11:00 a.m.; 4:00 p.m.

FASTING & ABSTAINING FOR CATHOLICS

Ash Wednesday and Good Friday are days of fast and abstinence for Catholics. This means that Catholics – in good health – between the ages of 14 – 60 years are to fast from food. Give up one or two meals on these days. All Catholics are to abstain from eating meat on these days. In Canada, the Fridays of Lent are also days of penance when Catholics may fast and abstain from eating meat.

LENTEN PENANCE

Prayer – The Season of Lent is an opportunity to focus on our life of prayer. Prayer is the breath of the Christian life. Do we take time to pray each day? Often, we use formal prayers. Prayer is ultimately communion with God – a conversation in which – over time – we are meant to do more listening than talking. This Lent consider setting some time aside for prayer each day. The quantity of time is less important than the quality and regularity of prayer. Make a commitment to family prayer too. Maybe grace before or after meals, or the family Rosary.

Almsgiving – Traditionally in Lent Catholics have been encouraged to perform works of charity and self-sacrifice. One simple way to do this is to support the annual *ShareLent* collection for the good work of the Canadian Catholic Organization for Development and Peace. Alternately, you might consider some sacrificial gift towards a favorite local charity.

Fasting – Many of us grew up being taught to “give up” something for Lent. The idea is that we give up eating our favorite snack food or enjoying our chosen drink as a way of sacrifice in Lent. This is a very good Lenten practice. We must remember that the Sundays of Lent – although they are days of celebrating the Resurrection – are still days of Lent. We are not excused from our sacrifice on Sundays. Fasting from food on Wednesdays or Fridays – during Lent or throughout the year – is a laudable habit. Often fasting entails giving up one or two meals on those days and replacing the meal time with prayer or works of charity. Some people use the money saved on food as their charitable donation for Lent.



CATHEDRAL BASILICA OF CHRIST THE KING

714 King Street West • Hamilton, Ontario L8P 1C7 • (905) 522-5744

PASTORAL STAFF

Most Reverend D. Douglas Crosby, OMI
Bishop of Hamilton

Very Reverend David Wynen, VF, Rector
Sandra Gould, Pastoral Minister
Lisa Tuck, Secretary
Robert Corso, Organist & Director of Music
Sandor Kollarich, Maintenance
Lukas Lamanes, Maintenance
Sister Lena Petrucelli, Sacristan

SUNDAY MASS

(Saturday) 5:00 p.m.
Sunday 9:00 a.m.; 11:00 a.m.; 4:00 p.m.

DAILY MASS IN LENT (Marian Chapel)

Tuesday, Thursday & Friday at 8:00 a.m.
Wednesday at 12:00 Noon (Cathedral Basilica)

OFFICE OPEN

Tuesday – Thursday 8:30 a.m. – 4:30 p.m.
Friday 8:30 a.m. – 2:30 p.m.